

Be Mouthaware

and look out for the signs and symptoms of mouth cancer

As mouth cancer can strike in a number of places, including the lips, tongue, gums and cheek, it's extremely important that we all know what to look out for.

Ulcers which do not heal within three weeks

Red & white patches in the mouth

Lumps or swellings in the mouth or head & neck area

If in doubt get checked out!

Early detection is crucial. If any of these signs are noticed, please tell your dentist or doctor immediately.



**Mouth Cancer
Action Month
November 2017**
Oral Health Foundation

November is Mouth Cancer Action Month

Mouth cancer can affect anybody and it's important that we all know what to look out for. Early detection could save your life. If you notice any changes in your mouth please speak to a dentist or doctor immediately.

Find out more at www.mouthcancer.org